CINCINNATI LOCAL CHAPTER

Founded on Mar 18, 2010; our first meetup was on April 25th, 2010. We've had 123 meetups so far, with more to come this year. We are now 215 members strong!! In addition to the exercises mentioned in the article above, we also like "Creating Success", "Into the Light", "Claiming Yourself" and "Healing Journeys." I truly enjoy hosting these events, providing a place for people in my community to come meet like-minded people. It is very rewarding to see people transform over time...becoming more self-aware, more open, more loving and understanding. It gives me hope that we, humankind, can evolve and transcend our limitations, and thus, change our future.

